

### **Attractor Factor Mini-Story Text**

Hello, this is AJ. Welcome to the mini-story for "Attractor Factor." Let's begin.

#### There was a cat named Eve.

Was Eve a doggy?

She was not a doggy, she was a cat.

#### Eve was a cat. She was a cat who decided to abstain from eating mice.

What did she abstain from?

She abstained from eating mice.

Did she abstain from eating chicken or did she abstain from eating mice?

Well, she abstained from eating mice.

Who abstained from eating mice?

Well, Eve. Eve the cat decided to abstain from eating mice.

So did Eve eat mice?

No she didn't, she did not. She abstained from eating mice, she did not eat mice.

What was Eve?

A cat, Eve was a cat.

Did she eat mice?

No she didn't. She abstained from eating mice, she did not eat mice.

#### In fact, Eve was a mom and she forbid her kittens from eating mice also.

Who did she forbid from eating mice?

Her kittens, her little baby cats. She forbid her kittens from eating mice also.

Did Eve's kittens eat mice?

No, they didn't. Why not?

Because Eve forbid them to eat mice. She said "you cannot eat mice."

Who did she forbid from eating mice?

Her kittens. Eve forbid her kittens from eating mice, too.

So did Eve eat mice?

No she didn't.

Did her kittens eat mice?

No they didn't. Neither Eve nor her kittens ate mice.

# So Eve abstained from eating mice for a long time. And she felt great, she felt really healthy.

How did Eve feel after abstaining from eating mice?

Well she felt great. She felt very healthy.

Why did she feel healthy?

Because she abstained from eating mice.

How about her kittens?

They felt healthy, too. They also felt healthy because they also abstained from eating mice. Of course, they abstained because Eve forbid them to eat mice.

So how did she feel, Eve?

She felt fantastic. She felt great. In fact, this was the springboard to a whole new life for Eve.

Was this the beginning of a whole new life?

Yes it was. It was the beginning of a whole new life for Eve. It was the springboard, the sudden powerful beginning to a whole new life.

Was it a slow beginning or a sudden, fast, powerful beginning?

It was a sudden, fast, powerful beginning. It was a springboard to a whole new life for *Eve*.

What was a springboard to a whole new life for Eve?

Well not eating mice, abstaining from mice was the springboard, the sudden beginning to a whole new life.

#### Next she abstained from eating fish, too.

Wow, what did she abstain from next?

She abstained from fish. She abstained from eating fish next.

## So she abstained from eating mice and then next, because she felt great, she abstained from eating fish.

What about her kittens?

*Well, she forbid them from eating fish, too.* She forbid them from eating mice and then next she forbid them from eating fish.

#### They all abstained from eating fish. They all abstained from eating mice.

And how did they feel?

Wow, they felt super great! No fish, no mice, they felt fantastic, very, very healthy!

## So this was the springboard for another change, the sudden beginning of another change.

So finally, Eve stopped drinking beer, because, of course, Eve drank beer every day. She loved to drink beer. Eve was a big beer-drinking cat. Of course, most cats do like to drink beer. But Eve decided to abstain from beer also.

What did she abstain from next?

Beer. Eve abstained from beer.

#### No more beer for Eve. Oh, very difficult, but she stopped drinking beer.

Who abstained from drinking beer?

Eve, Eve abstained from drinking beer.

Did she forbid her kittens to drink beer?

No, she decided to let her kittens to continue drinking beer.

#### So her kittens continued to drink beer, but she abstained from drinking beer.

How did she feel after abstaining from beer?

She felt fantastic, super fantastic, outstanding! Eve felt outstanding after abstaining from drinking beer.

Why did she feel outstanding?

Well, because she abstained from beer.

#### She felt outstanding because she abstained from beer.

Who did not abstain from drinking beer?

Oh, her baby kittens. Her baby kittens did not abstain from drinking beer.

Did her baby kittens continue to drink beer?

Yes they did. They continued to drink beer.

Why did they continue to drink beer?

Well, because, obviously, baby kittens need beer to grow.

# Eve did not need beer because she was already big. But her babies needed beer so they could continue to grow.

So who abstained from beer?

Eve, Eve abstained from beer.

Who didn't abstain from beer?

Her kittens. Her kittens didn't abstain. Eve did abstain from drinking beer.

# And, of course, Eve and all her kittens became very healthy, very strong and very happy. The end.

That is the end of the mini-story for "Attractor Factor."

Listen to it several times every day for seven days, 14 days or more. I'll see you next time.